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Image credits

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I am special

Weeks 1 and 2
Who am I?

Name

Male/Female

Date of birth

Age

Address

Colour in your province.
I know my alphabet

Say and colour. Draw a picture.

Aa

Mm

Hh

Ss
WEEK 1

I am special

I can dance

I can

I can

I can
Sipho’s granny got him new clothes for Grade 2.

She bought two shirts, one pair of pants, two pairs of socks and one pair of shoes.

She gave him one pen.
Sipho put on the clothes. They were very big.

“Good!” said granny. “They will fit you next year.”
Sipho went to school in his new clothes.

Sipho saw Sihle at school.
Sihle’s clothes were too small.

Sipho said “You look funny!”
Sihle said “You look funny too!”
A big boy called Jakob saw Sipho’s new pen.

“I want that pen,” said Jakob. He took the pen.
Sipho ran after the big boy. "Give back my pen!" he said, "Give it back! Give it back!"

Some big girls saw the big boy take the pen. "Jakob!" they said, "Give that pen back!"
Jakob gave the pen back. “Sorry” he said. Sipho was happy.

The big girls said “Oh look at this boy! So small in his big shirt! He’s so sweet!”
In the classroom

In our class we try to...

- be polite
- try our best
- listen to others
- be kind
- have fun

MONDAY  WEEK 2
Fakela isandi esishiyiweyo.

1. idolo
2. cila
3. iqea
4. ifo
5. iobe
6. ikiti
7. ioto
8. ise
This holiday I went to

I went with

We

I felt

because
Match the classroom rules

Be kind.

Try our best.

Have fun.

Listen to others.

Be polite.
Misa igama ngendlela efaneleklelileyo.

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Stick the sentence strip.

My hand picture is colourful.
Traditional clothes

Some people wear traditional clothes every day. Others wear them on special occasions such as weddings, cultural events and parties.

What traditional clothes does your family wear?
<table>
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<tr>
<th>Week 2 Wednesday</th>
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<tbody>
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<td>Khetha igama elichanekileyo ukugqibe zela isivakalisi. Bhala isivakalisi.</td>
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<td>○ vazi</td>
</tr>
</tbody>
</table>
Our class rules

We must ________________

______________
______________
______________

We must ________________

______________
______________
______________

We mustn’t ________________

______________
______________
______________

We mustn’t ________________

______________
______________
______________
Kind or unkind?

Listen to the stories. Tick the correct column.

1 How many stories are about kind children?
2 How many stories are about unkind children?
Bhala isivakali ngegama ngalinye.

ihobe

isidlele

inyosi

ingalo
Unforms

Tick ✓ the correct sentence.

1. The pants are too long.  
   The pants fit.

2. The skirt is too short. 
   The skirt fits.

3. The shoes are too big. 
   The shoes fit.

4. The jersey is too small. 
   The jersey fits.
Traditional clothes

What did you find out?

[Blank lines]

[Blank box]
Dictation
I am...

as happy as a ____________

as brave as a ____________

as strong as a ____________

as clever as a ____________

as a ____________

I am special!
Read in pairs

? ?

? ?
Everyone is special

Weeks 3 and 4
One year the rains didn’t come.
The waterhole was nearly empty.
The animals were thirsty.
“I am the biggest animal,” said the elephant. “I will have all the water!”

When the impala and the zebra came to drink, the elephant chased them away.
When the giraffe and the hyena came to drink, the elephant chased them away.

Even the lion and the leopard ran away from the big elephant.
“We must stop this elephant!” said the animals. “He is a bully!” they said.

“I have a plan,” said the tortoise. “Come and listen to me.” Tortoise said, “We must work together.”
He said to the crows, “When I give the signal, make a loud noise. Fly around Elephant’s head.”

He said to the animals, “When elephant is busy, everyone must run to the waterhole. Tell the elephant to share the water.”
Tortoise gave the signal. The crows flew around the elephant’s head.

The animals ran to the waterhole. They shouted, “Share the water, Elephant!” Elephant went away and let the other animals drink.
We are different and the same

1. How are we different?
2. How are we the same?
3. Think about what you like and what you do.
Intombi iya entabeni eNtabankulu.
This weekend I went to

I went with

We

I felt

because
Think about your group. Put a ✔ or ✗.

There are boys and girls.  
We are all the same height.  
No one has hair like mine.  
We all have the same size feet.  
Nobody is smiling.

Draw yourself and your friend.
Khetha igama elichanekileyo ukugqibeza isivakali-si. Bhala isivakalisi.

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<td>Usisi wonwaya</td>
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<td>Phantsi komhlaba kuhlala</td>
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<td>Usisi ufuna ukuhlala</td>
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<td>○ nezilwanyana</td>
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<td></td>
<td>○ nabantu</td>
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</table>
Stick the sentence strip.

I made a fingerprint picture.
Unique you!

When you apply for a passport, Home Affairs takes your fingerprints and a special photo of your eye.

Why?
Abantwana bayayithanda intwasahlobo.
A letter

Dear 

I go to __________ school.

I am in Grade 

My teacher is 

We learn 

I like to play __________ at school.

Your friend,
Friends

Match the pictures and labels.

- kind
- helpful
- takes turns
- fun
- shares
- listens
- plays
Bhala isivakalisi ngala magama.

intambo

intente

intethe

iintwala
Unique you!

What did you find out?
Timed word reading

How many words can you read in a minute?

Highest score: ________ words
What friends do

Draw a picture of how you can be a friend.

In class we

At lunch we

At break we

We are good friends anywhere.
Read in pairs
South Africa is the southernmost country in Africa.

Namibia, Botswana, Zimbabwe and Mozambique share borders with South Africa.

Lesotho and eSwatini are found inside South Africa’s borders.
Inkawu enkulu inkenenkene.
My news

This weekend I went to

I went with

We

I felt

because
### Capital cities

<table>
<thead>
<tr>
<th>Country</th>
<th>Capital city</th>
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<tbody>
<tr>
<td>Botswana</td>
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<td>eSwatini</td>
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<td>Lesotho</td>
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<td>Mozambique</td>
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<td>Namibia</td>
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<td>South Africa</td>
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<td>Zimbabwe</td>
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</table>
Fakela isandi esishiyiweyo.

1. inka \( \_
\) \( u \)

2. i \( \_
\) omo

3. iinku \( \_
\) i

4. uno \( \_
\) ala

5. inku \( \_
\) u

6. i \( \_
\) onde

7. inkosaza \( \_
\) a

8. i \( \_
\) onkxa
Stick the sentence strip.

I made a vehicle with recycled materials.
Lake Malawi

Lake Malawi has more than 1,000 kinds of fish. No other lake in the world has that many kinds of fish.

It is a World Heritage Site.

Between which countries is Lake Malawi?
inkwenkwezi

inkwenkwe isikhonkwane isankwane

inkwethu inkwili inkwali

Inkwenkwe iqhuqha inkwethu.
My friend and me

Compare yourself and your friend.

Same

We are both _____

Different

_____ is _____

but I am _____.
The bully

Talk about the picture. How can we stop a bully?
Misa igama ngendlela efanelekelekyo.

1. imonko  inkomo
2. iwunka
3. nkwezinkwe
4. inkwanesa
5. nkweinkwe
6. ninkuii
7. unkanola
8. inkwasikhione
Comprehension

Read the story of The waterhole. Tick the correct answers.

1. The waterhole was...
   - empty
   - full
   - thirsty

2. Elephant wanted the water because he was...
   - the tallest animal
   - the biggest animal
   - the cleverest animal

3. Tick the animals who came to the waterhole.
   - rabbit
   - hyena
   - cat
   - leopard
   - lion
   - giraffe

4. Who had a clever plan?
   - the lion
   - the zebra
   - the tortoise

5. What did the animals say to the elephant?
Lake Malawi

What did you find out?
Dictation
Write your own story about an animal who was a bully.

The ___________________________ was a bully.

He wouldn’t share ___________________________.

The ___________________________ had a plan.

She told _____________________________, _____________________________ and _____________________________ what to do.

The animals ___________________________.

The bully was ___________________________.
Read in pairs
We are different, we are the same

Weeks 5 and 6
Sipho sat with his friends at the back of the class.

Sipho tried to read the numbers on the board.

“I can’t see all the numbers,” he thought.
“What is the number at the top?” asked Amos. “It looks like a flying pig,” said Sipho.

“A flying pig!” shouted Amos. Everyone started to laugh.

“Come and sit at the front,” said the teacher. “Then you will be able to see better.”
Sipho was worried because he could not see. After school he told Gogo.

He said, “Today I could not see the numbers properly on the board.”
Gogo took Sipho to see a doctor who tests eyes.

The doctor shone a bright light into Sipho’s eyes. She put things in front of his eyes and asked him what he could see.

She said, “Oh! This boy really needs glasses!”
In a few days Sipho got his glasses. He put them on.

“Gogo!” he shouted, “I can see the picture on the wall!”

He ran outside. “I can see the buses on the road and the cows on the hill!” he shouted.
Sipho went to school with his new glasses. Sipho said, “I can see clearly, teacher!”

“Beautiful Sipho! I’m very proud of you! No more flying pigs,” said the teacher.
Helping our friends

Children who are disabled need extra help to move around, hear and see.

Some people who can’t see clearly have reading glasses.

Crutches help people who struggle to walk.

Some people who can’t hear well have a hearing aid.

Guide dogs help some people who can’t see.
Children who are disabled need extra help to move around, hear and see.

Khuphani ikhuba likatatomkhulu.
This weekend I went to

I went with

We

I felt

because
Practise the signs

- Hello
- Come
- Please
- Thank you
- Play
- Goodbye
Khetha igama elichanekileyo ukugqibeze la isivakalisi. Bhala isivakalisi.

1  USipho ukhomba
   ✔ ukhozi
   ○ ilitye

2  Utata ukhupha
   ○ inja
   ○ ikhuba

3  Umama usehlathini, uyokukha
   ○ ikhala
   ○ amanzi

4  UCwenga ukha
   ○ ikhowa
   ○ amaqunube

5  Usana lukamama
   ○ lulele
   ○ luyakhala

6  UKhubalo ubaleke wade
   ○ wakhubeka
   ○ walala

7  Umnakwethu
   ○ uyaxhumaxhuma
   ○ ukhedamile

8  Intlama kamama
   ○ ikhukhumele
   ○ iwile
Stick the sentence strip.

I made and decorated glasses.
Helen Keller was deaf and blind. She could not go to school, but she got a university degree. She wrote books and spoke at meetings. This changed how deaf-blind people were treated.

Find out about another famous physically challenged person.
Umkhwetha ukhwela emthini.
I can help people by...

- Helping blind people
Helping blind people

Why does the blind lady need help?
Bhala isivakalisi ngala magama.

ukhozi

ikhowa

ikhala
Someone with a physical challenge

What did you find out?
Timed word reading

How many words can you read in a minute?

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Highest score: __________ words
Creative writing

Super Hero Identity Card

Name: ____________________________

Special power: ____________________

How I help people: ____________________
When we look through a lens, the things we see look bigger or smaller than they really are.
Lenses help us see

When we look through a lens the things we see look bigger or smaller than they really are.

Glasses help people see clearly. They can help us see things that are far away or to read the words in a book.

A telescope helps us to see things that are very far away, like the stars. It makes them seem bigger and brighter.

A magnifying glass makes things look bigger. You can hold a magnifying glass in your hand.

Microscopes help us see very small things. It makes them look bigger.
nx

inxili

inxeba  inxanxadi  unxantathu

inxele  isinxonxo  inxiwa

UNxele unenxeba elifana nonxantathu.
My news
Lenses that we use

Fill in the correct words from the box.

microscope   lens   glasses

   telescope   magnifying glass

1. A __________________ helps us to see things better.

2. __________________ have lenses to help people see more clearly.

3. A __________________ makes things that are far away seem closer.


5. We use a __________________ to look at very small things.
Fakela isandi esishiyiweyo

1. inxe b a
2. i iwa
3. unxa athu
4. inxanxa i
5. i agu
6. inxi i
7. iba
8. i ele
Stick the sentence strip.

I made a magnifying glass.
Telescopes are used to see objects that are very far away. Astronomers often use telescopes to view the planets and stars.

**What is the biggest telescope in South Africa?**
nxw

unxweme

unxwala  unxweme  wamin nxwa

elunxwemeni  uyamnxwala  wamin nxwa

Wam nxwala ngaselunxwemeni kalusizi.
### Make sentences about lenses

<table>
<thead>
<tr>
<th>The lenses in</th>
<th>glasses</th>
<th>make things look</th>
<th>closer</th>
</tr>
</thead>
<tbody>
<tr>
<td>a magnifying glass</td>
<td></td>
<td></td>
<td>bigger</td>
</tr>
<tr>
<td>a telescope</td>
<td></td>
<td></td>
<td>clearer</td>
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<tr>
<td>a microscope</td>
<td></td>
<td></td>
<td>smaller</td>
</tr>
</tbody>
</table>

1.

2.
Guide dogs

A guide dog is a working dog as well as a pet. Guide dogs are trained to help blind people to move around on their own. It takes one year to train a guide dog to keep a blind person safe.
Misa igama ngendlele efanenelekileyo.

1. umenxwe  **unxweme**
2. waminxwa
3. ulakunxwa
4. uthunxanta
5. ibanxe
6. liinxi
7. ilenxe
8. inxadinxza
Read Sipho’s new eyes. Answer the questions.

1. What did Sipho think the numbers on the board looked like?
   - a dog
   - a cow
   - a pig

2. Tick the correct answer.
   - The teacher told Sipho to move to the front.
   - The teacher told Sipho to go outside.

3. What did Sipho’s doctor shine the light at?
   - his eyes
   - his ears
   - his throat

4. Write Yes or No.
   Sipho was excited when he got his glasses. __________
   Sipho was sad when he got his glasses. __________

5. Was Sipho’s teacher happy? __________
Telescopes

What did you find out?
A visit to the doctor

I went to the visit the doctor because _____________________.

He/She looked at my _____________________.

He/She gave me _____________________.

I felt _____________________.

Read in pairs

? ? ?
What we need to live

Weeks 7 and 8
What do we need to be healthy?

What do we need to live healthy lives?

We need to eat healthy food, drink fresh water, breathe clean air and exercise outside in the sunshine.
Healthy food helps us to grow.

It gives us energy and stops us from getting sick.

We must eat a balanced diet every day.
Proteins like meat, fish, chicken, beans, eggs and dairy products help our bones and muscles to grow strong.

Starch, like pap, rice and bread give us energy to run around.

Fruit and vegetables give us vitamins to keep us healthy.
We need to drink plenty of water every day.

Water keeps us cool. It helps the body to digest our food.

We should drink about 1 litre of water each day.
You must drink only clean water or you will get sick. Water from taps and tanks is safe.

Water from rivers or dams must be cleaned before you drink it.
We should spend time outside every day.

Our bodies need sunlight to make them strong.

We need to breathe fresh air.
The food we eat

**Daily foods**
Healthy foods make you strong.

- Broccoli
- Cauliflower
- Spinach
- Squash
- Beans
- Chicken
- Rice
- Eggs
- Fruit
- Yogurt
- Cheese
- Bread
- Oats

**Sometimes foods**
Some foods are fun to eat but do not make us strong.

- Burger
- Hot dog
- French fries
- Pizza
- Donut
- Ice cream
- Candy
- Cola
- Pizza chips
gc

ubugcisa

isigcawu  ugcado  imigca

igcisa  igcuntswana  isigcodololo

UGcobani ugcada ugcado.
My news
Daily foods + sometimes foods

Sort and colour the pictures.
Khetha igama elichanekileyo ukugqibezela isivakalisi. Bhala isivakalisi.

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Stick the sentence strip.

I decorated a plate.
The sun is necessary for life on earth. It gives us light and warmth.

Find out three facts about the sun.
UHgcwanini ugcwalisa ibhekile yerhewu.
My daily menu

Write what you eat each day.

For breakfast, I like to eat

For lunch, I like to eat

For supper, I like to eat
Playing outside

Talk about the picture.

- Drink water when you play in the sun.
- Wear sunglasses to protect your eyes.
- Wear a hat to protect your face and neck.
- Play in the shade in the middle of the day.
- Wear a shirt to protect your shoulders and back.
- Use sunscreen if you play in the sun.
Bhala isivakalisi ngala magama.

gcwalisela

ubugcwalalalana

ulugcwabevu
The sun

What did you find out?
Timed word reading

How many words can you read in a minute?

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Highest score: __________ words
My favourite foods

Write about your favourite foods. Draw a picture.

My best daily foods are

My best sometimes foods are

My favourite food is because
Read in pairs
Get enough sleep

Hygiene

Healthy food and water

Avoid harmful substances

Not too much TV

Exercise and play

Healthy living habits
hl

Izhlangu zika Hlumelo zimhlophe.
Healthy or unhealthy?

Colour the blocks green or red.

- Eat fruit and vegetables.
- Eat lots of sweets.
- Brush your teeth.
- Drink fizzy drinks.
- Wash your hands after the toilet.
Fakela isandi esishiyiweyo

1 izihla ng u
2 um aba
3 ehla ini
4 isihlu o
5 um athi
6 isihla a
7 hle a
8 ukuhla a
Stick the sentence strip.

I made a face mask.
Pollution is bad for people and the environment. When harmful things are added to our air, water or land it becomes polluted. We should all help to keep the place we live clean.

Find out how to keep your community clean.
hlw

ihlwempu

isihlwitha  isihlwele  iyahlwahlwaza

ihlwili  umhlwa  umhlwayeli

Umhlwayeli usela isiselo esihlwahlwazayo.
Keeping healthy

I can be healthy by


I can be healthy by


I can be healthy by


WEEK 8
THURSDAY

Dora’s healthy day

Talk about the pictures.
Misa igama ngendlela efanelelekileyo.

1. ithasihlwi  isihlwitha
2. ihlwazayahlwa
3. ibohlo
4. impuhlwe
5. ibisihlwasi
6. amalihlwi
7. isilwehlwe
8. lehlwiku
Comprehension

Read the story *What do we need to be healthy?*. Tick the correct answers.

1. What do we need for a healthy life?
   - ○ junk food
   - ○ clean water
   - ○ healthy food
   - ○ exercise
   - ○ sunshine
   - ○ clean air

2. Why must we eat fruit and vegetables?
   - ○ They make our bones and muscles grow strong.
   - ○ They give our bodies vitamins.
   - ○ They give us energy.

3. Where do we get safe drinking water?
   - ○ dams
   - ○ taps
   - ○ rivers

4. Why do we need sunlight?
   - ○ It makes us thirsty.
   - ○ It makes us hungry.
   - ○ It makes our bodies strong.

5. Are you healthy?
Pollution

What did you find out?
Dictation
My healthy day

At ___________ o’clock
I ___________________________________________

At ___________ o’clock
I ___________________________________________

At ___________ o’clock
I ___________________________________________

At ___________ o’clock
I ___________________________________________
Special days

Week 9
It was a big day for Sipho and Amos’ school. The school was 100 years old.

The teachers said they would have a party. The aunties made a stew in a very big pot.
It was a very hot day.

The children put on a concert for their parents and grannies. Then there were speeches.

Everyone was sweating because it was so hot.
In the afternoon everyone went outside to eat. There was plenty of stew for everyone.

Then Ayanda said she had a sore tummy. Thami said he felt sick. Many people started feeling sick.
The principal called the emergency number. Two ambulances came to the school.

It was too hot to leave food in the sun. The food had made the people sick.
The children were sad. The teachers were sad. The aunties who cooked the stew were sad.

The party was ruined.
The next day there was a big surprise. Some shops gave food to the school for a party.

The big children at school made a braai. People ate the food straight away.

It was the best party ever.
Keeping food and water safe and clean

Keep food clean

- Keep fresh food cool.
- Cover food to keep away flies and dust.
- Keep dry food in closed containers.
- Use clean knives, bowls and boards to prepare food.
- Wash fruit and vegetables before you eat them.
- Wash your hands before you touch food.

Keep water clean

- Drink water from a tap or tank.
- Boil or filter water to clean it.
- Cover water buckets.
UMBali utyale imbewu yeembotyi.
My news
Match and colour

Cover food
after going to the toilet
and before eating.

Wash your hands
to stop it going bad.

Keep food cool
to keep away flies.
Khetha igama elicanekeleyo ukugqibezela isivakali. Bhala isivakali.

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Stick the sentence strip.

I made pictures of germs.
Human rights are rules that protect all human beings. Some of the most basic rights are the right to live and the right to be treated equally to everyone else.

Find out if girls and boys have the same human rights.
Izityalo ezityalwe esityeni esihle.
Our school is turning ___________ years old!

Please celebrate with us!

Where: ____________________________

When: ____________________________

Reply to: __________________________

What will happen on the day: __________________________
THURSDAY

WEEK 9

Colour the picture

[Image of a coloring page with a scene depicting pollution]
Bhala isivakalisi ngala magama.

imbokotho

ilitye

ityali
Comprehension

Read A party at school. Tick the correct answers.

1. Read page 142. Who decided to have a party?
   - the teachers  
   - Sipho and Amos  
   - the aunties

2. Read page 143. What did the children do?
   - They made speeches.  
   - They put on a concert.  
   - They cooked the food.

3. Look at the picture on page 147.
   What food did they eat at the surprise party?
   - meat  
   - stew  
   - ice-cream  
   - bread rolls  
   - chips  
   - cold drinks  
   - chicken
Human Rights Day

What did you find out?
Ukufunda amagama ngexesha elibekiweyo

Fundela iqabane lakho la magama ngexesha elibekwe ngutitshala. Iqabane maliphawule amagama owafunde ngokuchanekileyo.

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Inani lamagama owafunde kakuhle: ________
A party at school

We had a party for ____________________________.

The ____________________________ cooked

_________________________ and ____________________________.

The weather was ____________________________.

The children held a ____________________________.

After lunch some people ____________________________.
Read in pairs

[Characters with speech bubbles drawn on the page]
Cut-out pages
1. Write a secret message to your classmate.
2. Cut out the envelope and fold it.
3. Decorate the envelope.
4. Leave it on your friend’s desk.
Make A Chatterbox

What you will need

1 Fold.

2 Cut to make a □.

3 Open up and fold corners to centre.

4 Turn over and fold corners to centre again.

5 Decorate.

6 Insert fingers and play.

What you will need:
- Crayons
- Scissors
- Paper
Sipho’s granny got him new clothes for Grade 2.
One year, the rains didn’t come.

“Stop being a bully!”

Share the water!”
In a few days
Sipho got his glasses.

Sipho tried to read
the numbers.
GLASSES

WEEK 5

The image shows a pair of glasses outlined for cutting. The glasses have a simple design with a circular lens and a handle. A pair of scissors is placed next to the glasses, indicating where to cut. The page number 175 is visible in the bottom right corner.
Name:
Healthy food helps us to grow.

Our bodies need sunlight to make them strong.
They made a stew in a very big pot.