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English
Home Language and Life Skills
Learner’s Activity Book
Acknowledgements

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Image credits

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## Contents

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Week 1</strong></td>
<td>I am special</td>
<td>1</td>
</tr>
<tr>
<td><strong>Week 2</strong></td>
<td>I am special</td>
<td>5</td>
</tr>
<tr>
<td><strong>Week 3</strong></td>
<td>Everyone is special</td>
<td>21</td>
</tr>
<tr>
<td><strong>Week 4</strong></td>
<td>Everyone is special</td>
<td>37</td>
</tr>
<tr>
<td><strong>Week 5</strong></td>
<td>We are different, we are the same</td>
<td>45</td>
</tr>
<tr>
<td><strong>Week 6</strong></td>
<td>We are different, we are the same</td>
<td>60</td>
</tr>
<tr>
<td><strong>Week 7</strong></td>
<td>What we need to live</td>
<td>70</td>
</tr>
<tr>
<td><strong>Week 8</strong></td>
<td>What we need to live</td>
<td>86</td>
</tr>
<tr>
<td><strong>Week 9</strong></td>
<td>Special days</td>
<td>93</td>
</tr>
<tr>
<td>Icons</td>
<td>Reading</td>
<td>Writing</td>
</tr>
<tr>
<td>------------</td>
<td>---------</td>
<td>---------</td>
</tr>
<tr>
<td>Beginning Knowledge</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Creative Arts</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Independent Work</td>
<td></td>
<td></td>
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<tr>
<td>Colour</td>
<td></td>
<td>Write</td>
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</tbody>
</table>
I am special

Weeks 1 and 2
Who am I?

Name ________________________________

Male/Female __________________________

Date of birth __________________________

Age _________________________________

Address ______________________________

Colour in your province.
I know my alphabet

Say and colour. Draw a picture.

A a Mm Ss Hh
I am special

I can dance

I can

I can

I can
Sipho’s granny got him new clothes for Grade 2.

She bought two shirts, one pair of pants, two pairs of socks and one pair of shoes.

She gave him one pen.
Sipho put on the clothes. They were very big.

“Good!” said granny. “They will fit you next year.”
Sipho went to school in his new clothes.

Sipho saw Sihle at school.  
Sihle’s clothes were too small.

Sipho said “You look funny!”  
Sihle said “You look funny too!”
A big boy called Jakob saw Sipho’s new pen.

“I want that pen,” said Jakob. He took the pen.
Sipho ran after the big boy. “Give back my pen!” he said, “Give it back! Give it back!”

Some big girls saw the big boy take the pen. “Jakob!” they said, “Give that pen back!”
Jakob gave the pen back. “Sorry” he said. Sipho was happy.

The big girls said “Oh look at this boy! So small in his big shirt! He’s so sweet!”
In the classroom

In our class we try to...

- be polite
- try our best
- listen to others
- be kind
- have fun
Hy sit die leer teen die groot boot.
Match the classroom rules

Be polite.
Try our best.
Have fun.
Listen to others.
Be kind.
Vul die middelklank -ee- of -oo- in.

1. b_e_e_r
2. n_i_t
3. b_s_s
4. g_l_l
5. m__l
6. k__l
7. k__l
8. r_s_s
Some people wear traditional clothes every day. Others wear them on special occasions such as weddings, cultural events and parties.

What traditional clothes does your family wear?
Bou ses woorde met -ee- as die middelklank.

1
2
3
4
5
6

Bou ses woorde met -oo- as die middelklank.

1
2
3
4
5
6
Kind or unkind?

Listen to the stories. Tick the correct column.

Kind

Unkind

1

2

3

1. How many stories are about kind children?
2. How many stories are about unkind children?
Skryf die woord reg oor.

1. kloo
2. bsee
3. broo
4. lree
5. poo
6. btee
7. tnoo
8. roo

kool
Comprehension

Tick the correct sentence.

1. The pants are too long.  
   The pants fit.

2. The skirt is too short.  
   The skirt fits.

3. The shoes are too big.  
   The shoes fit.

4. The jersey is too small.  
   The jersey fits.
Lees in pare


? Dink jy Bet Bees sal weer kool en beet gaan steel? Hoekom sê jy so?


? Het Boer se vrou vir Ed Eend die tee gegee? Hoe weet jy dit?
Everyone is special

Weeks 3 and 4
One year the rains didn’t come. The waterhole was nearly empty. The animals were thirsty.
“I am the biggest animal,” said the elephant. “I will have all the water!”

When the impala and the zebra came to drink, the elephant chased them away.
When the giraffe and the hyena came to drink, the elephant chased them away.

Even the lion and the leopard ran away from the big elephant.
“We must stop this elephant!” said the animals. “He is a bully!” they said.

“I have a plan,” said the tortoise. “Come and listen to me.” Tortoise said, “We must work together.”
He said to the crows, “When I give the signal, make a loud noise. Fly around Elephant’s head.”

He said to the animals, “When elephant is busy, everyone must run to the waterhole. Tell the elephant to share the water.”
Tortoise gave the signal. The crows flew around the elephant’s head.

The animals ran to the waterhole. They shouted, “Share the water, Elephant!” Elephant went away and let the other animals drink.
We are different and the same

1. How are we different?
2. How are we the same?
3. Think about what you like and what you do.

28 • WEEK 3 • MONDAY
Haan en sy maat is by die skuur.
# Kies die regte woord.

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Unique you!

When you apply for a passport, Home Affairs takes your fingerprints and a special photo of your eye.

Why?
Bou ses woorde met -aa- as die middelklank.

1. 
2. 
3. 
4. 
5. 
6. 

Bou vyf woorde met -uu- as die middelklank.

1. 
2. 
3. 
4. 
5.
Friends
Match the pictures and labels.

- kind
- helpful
- takes
- turns
- fun
- shares
- listens
- plays
Skryf jou eie sin.

aap

kaas

vuur
Timed word reading

How many words can you read in a minute?

Highest score: _________ words
Vroeg in die oggend, staan Haan op die muur en kyk na die son se eerste strale. Hy haal diep asem voordat hy die hele werf wakker raas. Haas is sommer suur, want hy wou nog slaap. Hy sal ’n plan moet maak.

Watter plan, dink jy, kan Haas maak?

Haas wil vir Haan wen. Hy daag hom uit. Haas en Haan gaan Maandag tot by die muur hardloop. Wie, dink jy, gaan wen?
Haas het verslaap en toe het Haan gewen. Haas het ’n duur les geleer en Haan kon aanhou raas.

Hoekom, dink jy, het Haas verslaap?
South Africa is the southernmost country in Africa.

Namibia, Botswana, Zimbabwe and Mozambique all share a border with South Africa.

Lesotho and eSwatini are found inside South Africa’s borders.
Die tier is nie lief vir die dief nie.
Vul die middelklank -ee- of -ie- in.

1. k__e_m
2. d__f
3. b__r
4. t__r
5. m__r
6. l__f
7. b__n
8. v__r
Fynbos is a group of flowering plants that grows in the winter rainfall areas of the Western and parts of the Eastern Cape. Proteas are one of the most famous fynbos flowers. What kind of tea comes from the leaves of a fynbos plant?
Bou ses woorde met -ie- as die middelklank.
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Skryf die woord reg oor.
Read the story of **The waterhole**.
Tick the correct answers.

1. The waterhole was ...
   - empty
   - full
   - thirsty

2. Elephant wanted the water because he was...
   - the tallest animal
   - the biggest animal
   - the cleverest animal

3. Tick the animals who came to the waterhole.
   - rabbit
   - hyena
   - cat
   - leopard
   - lion
   - giraffe

4. Who had a clever plan?
   - the lion
   - the zebra
   - the tortoise

5. What did the animals say to the elephant?

Hoe sou jy gevoel het as jy Piet was?
Hoekom?

Die man bel die polisie en sê daar was ’n dief. Die polisie was gou daar. Hulle vang die dief. Die polisie het die geld uit die dief se sak gehaal. “Sies, dief!” sê die polisie. Piet het sy geld teruggekry en kon vir sy lekkers betaal.

Wat sou jy gedoen het as jy die polisie was?
We are different, we are the same

Weeks 5 and 6
Sipho sat with his friends at the back of the class.

Sipho tried to read the numbers on the board.

“I can’t see all the numbers,” he thought.
“What is the number at the top?” asked Amos.
“It looks like a flying pig,” said Sipho.

“A flying pig!” shouted Amos.
Everyone started to laugh.

“Come and sit at the front,” said the teacher.
“Then you will be able to see better.”
Sipho was worried because he could not see. After school he told Gogo.

He said, “Today I could not see the numbers properly on the board.”
Gogo took Sipho to see a doctor who tests eyes.

The doctor shone a bright light into Sipho’s eyes. She put things in front of his eyes and asked him what he could see.

She said, “Oh! This boy really needs glasses!”
In a few days Sipho got his glasses. He put them on.

“Gogo!” he shouted, “I can see the picture on the wall!”

He ran outside. “I can see the buses on the road and the cows on the hill!” he shouted.
Sipho went to school with his new glasses. Sipho said, “I can see clearly, Teacher!”

“Beautiful Sipho! I’m very proud of you! No more flying pigs,” said the teacher.
Helping our friends

Children who are disabled need extra help to move around, hear and see.

Some people who can’t see clearly have reading glasses.

Crutches help people who struggle to walk.

Some people who can’t hear well have a hearing aid.

Guide dogs help some people who can’t see.
Children who are disabled need extra help to move around, hear and see.

WEEK 5
MONDAY

Die boer met die hoed voer die duiwe wat koer.
Kies die regte woord.

1. Die koek is
   - soet
   - suur

2. Die siek kind
   - haas
   - hoes

3. San lees ’n
   - boer
   - boek

4. Die water is
   - koel
   - koek

5. Die duiwe
   - hoes
   - koer

6. Dit is my
   - hoed
   - hout

7. Hy sit op die
   - staal
   - stoel

8. Jan eet
   - koek
   - kaas
Helen Keller was deaf and blind. She could not go to school, but she got a university degree. She wrote books and spoke at meetings. This changed how deaf-blind people were treated.

Find out about another famous physically challenged person.
Bou ses woorde met -oe- as die middelklank.
Helping blind people

Why does the blind lady need help?
Skryf jou eie sin.

boek

hoed

hoes
Timed word reading

How many words can you read in a minute?

Highest score: __________ words
Boet gaan ’n koek bak. Hy roer die koek. Boet sê die koek is te soet. “Wat kan ek maak?”

Wat kan Boet ingooi om die koek minder soet te maak?


Sou jy snoek by ’n koek gegooi het? Hoekom sê jy so?
Lenses help us see

When we look through a lens, the things we see look bigger or smaller than they really are.

Glasses help people see clearly. They can help us see things that are far away or to read the words in a book.

A telescope helps us to see things that are very far away, like the stars. It makes them seem bigger and brighter.

A magnifying glass makes things look bigger. You can hold a magnifying glass in your hand.

Microscopes help us see very small things. It makes them look bigger.
Oupa kap gou hout, want dit is koud.
Vul die middelklank **-oe-** of **-ou-** in.

1. h **ou** t
2. v **t**
3. b **d**
4. w **d**
5. k **d**
6. h **d**
7. g **d**
8. s **t**
Telescopes are used to see objects that are very far away. Astronomers often use telescopes to view the planets and stars.

What is the biggest telescope in South Africa?
Bou ses woorde met -ou- as die middelklank.
Guide dogs

A guide dog is a working dog as well as a pet. Guide dogs are trained to help blind people move around on their own. It takes one year to train a guide dog to keep a blind person safe.
Skryf die woord reg oor.

1. htoou
2. ougd
3. wdou
4. ksou
5. stou
6. oukd
7. ftou
8. ouv

hout
Comprehension

Read Sipho’s new eyes. Answer the questions.

1. What did Sipho think the numbers on the board looked like?
   - a dog  
   - a cow  
   - a pig

2. Tick the correct answer.
   - The teacher told Sipho to move to the front.
   - The teacher told Sipho to go outside.

3. What did Sipho’s doctor shine the light at?
   - his eyes  
   - his ears  
   - his throat

4. Write Yes or No.
   Sipho was excited when he got his glasses. ______
   Sipho was sad when he got his glasses. ______

5. Was Sipho’s teacher happy? ______
Ouma en Oupa stap in die woud. Agter een van die bome sien Ouma iets blink en blou. Dis sowaar die mooiste pou. “Oupa, kyk gou, die pou het sy stert nou oopgevou.”

Wat sal jy graag in ’n woud wil sien?

Oupa luister – hy hoor iets koer. Dit is ’n piet-my-vrou wat deur die takke loer. Oupa dink hy moet in die woud vir hom en Ouma ’n huisie bou. Dit is ’n bietjie koud, maar dit is ’n plek van goud.

Sal jy graag in ’n woud wil bly? Hoekom sê jy so?
What we need to live

Weeks 7 and 8
What do we need to live healthy lives?

We need to eat healthy food, drink fresh water, breathe clean air and exercise outside in the sunshine.
Healthy food helps us to grow.

It gives us energy and stops us from getting sick.

We must eat a balanced diet every day.
Proteins like meat, fish, chicken, beans, eggs and dairy products help our bones and muscles grow strong.

Starch like pap, rice, potatoes and breads give us energy to run around.

Fruit and vegetables give us vitamins to keep us healthy.
We need to drink plenty of water every day.

Water keeps us cool. It helps the body digest our food.

We should drink about 1 litre of water each day.
You must drink only clean water or you will get sick. Water from taps and tanks is safe.

Water from rivers or dams must be cleaned before you drink it.
We should spend time outside every day.

Our bodies need sunlight to make them strong.

We need to breathe fresh air.
The food we eat

Daily foods
Healthy foods make you strong.

Sometimes foods
Some foods are fun to eat but do not make us strong.
Die muis kyk by die huis se ruit uit na die uil in die tuin.
Kies die regte woord.

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The Sun is necessary for life on Earth. It gives us light and warmth.

Find out three facts about the Sun.
Bou ses woorde met -ui- as die middelklank.

1
2
3
4
5
6
Playing outside

Talk about the picture.

Drink water when you play in the sun.

Wear sunglasses to protect your eyes.

Wear a hat to protect your face and neck from the sun.

Play in the shade in the middle of the day.

Wear a shirt to protect your shoulders and back.

Use sunscreen if you play in the sun.
Skryf jou eie sin.

uil

huis

muis
Timed word reading

How many words can you read in a minute?

Highest score: _________ words
Dit is 'n heerlike sonskyndag en Muis sit in die tuin. Hy knaag aan 'n lekker stuk kaas. Hy speel tot hy vuil is en lê dan lui in die son. Hy weet dis van korte duur, want as dit aand raak, moet hy vinnig gaan skuil.

**Hoekom moet Muis in die aand gaan skuil?**

In die nag is dit Uil wat wag vir 'n sappige muis om uit sy huis te kruip. Dan duik Uil vinnig en kry 'n heerlike dis. Maar Muis het gaan skuil en Uil wil amper huil. Hy sien toe vir Padda en gou-gou was sy magie vol en sy honger gestil.

**Hoekom wou Uil amper huil?**
Healthy living habits

- Hygiene
- Healthy food and water
- Get enough sleep
- Exercise and play
- Not too much TV
- Avoid harmful substances

WEEK 8 • MONDAY
Hy reis met die trein oor 'n steil bult.
Pollution is when harmful or poisonous things are added to our air, water or land. We should all help to keep the place we live clean and healthy.

Find out how to keep your community clean.
Bou ses woorde met -ei- as die middelklank.

1. 
2. 
3. 
4. 
5. 
6.
Dora’s healthy day

Talk about the pictures.
Skryf die woorde reg oor.

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WEEK 8 • THURSDAY
Annie speel graag met klei. Dan maak sy die mooiste goed en verbeeld haar dat dit werklik is. Vandag maak Annie ’n trein. Die trein ry oor ’n plein en stop by die stasie.

**Wat maak jy graag met klei?**

’n Klein feetjie klim op die trein. Sy is ’n bietjie bang vir hoogtes. Maar nou moet die trein teen ’n steil bult uit ry. Gou-gou rol Annie die bult plat en die feetjie is verlig dat die reis nou veilig is.

**Is daar iets waarvoor jy bang is? Wat is dit?**
Special days

Week 9
It was a big day for Sipho and Amos’ school. The school was 100 years old.

The teachers said they would have a party. The aunties made a stew in a very big pot.
It was a very hot day.

The children put on a concert for their parents and grannies. Then there were speeches.

Everyone was sweating because it was so hot.
In the afternoon everyone went outside to eat. There was plenty of stew for everyone.

Then Ayanda said she had a sore tummy. Thami said he felt sick. Many people started feeling sick.
The principal called the emergency number. Two ambulances came to the school.

It was too hot to leave food in the sun. The food had made the people sick.
The children were sad. The teachers were sad. The aunties who cooked the stew were sad.

The party was ruined.
The next day there was a big surprise. Some shops gave food to the school for a party.

The big children at school made a braai. People ate the food straight away.

It was the best party ever.
Keeping food and water safe and clean

Keep food clean
- Keep fresh food cool.
- Cover food to keep away flies and dust.
- Keep dry food in closed containers.
- Use clean knives, bowls and boards to prepare food.
- Wash fruit and vegetables before you eat them.
- Wash your hands before you touch food.

Keep water clean
- Drink water from a tap or clean tank.
- Boil or filter water to clean it.
- Cover water buckets and jugs.
Die reus se neus kry die reuk van 'n seun.
Match and colour

Cover food

after going to the toilet and before eating.

Wash your hands

to stop it going bad.

Keep food cool

to keep away flies.
Kies die regte woord.

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| **1.** Ek stap deur die | **2.** Dis ’n lekker
○ geur | ○ geur |
○ deur |
| **3.** Hy eet ’n | **4.** Jan is ’n
○ neut | ○ neus
○ seun | ○ seun |
| **5.** Dis ’n groot | **6.** Hy verf dit ’n blou
○ reus | ○ neut
○ neus | ○ kleur |
| **7.** Die reën loop in die | **8.** Die stoel
○ geut | ○ kreun
○ geur | ○ reën |
Human rights are rules that protect all human beings. Some of the most basic rights are the right to live and the right for all people to be treated equally.

Find out if girls and boys have the same human rights.
Bou ses woorde met -eu- as die middelklank.

1. __________
2. __________
3. __________
4. __________
5. __________
6. __________
Colour the picture
Skryf jou eie sin.

reus

seun

deur
Comprehension

Read A party at school. Tick the correct answers.

1. Read page 94. Who decided to have a party?
   - the teachers
   - Sipho and Amos
   - the aunties

2. Read page 95. What did the learners do?
   - They made speeches.
   - They put on a concert.
   - They cooked the food.

3. Look at the picture on page 99. What food did they eat at the surprise party?
   - meat
   - stew
   - ice-cream
   - bread rolls
   - chips
   - cold drinks
   - chicken
   - fruit
### Spoedlees woorde

Hoeveel woorde kan jy in een minuut lees?

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Hoogste telling: _________ woorde per minuut
Bart is ’n seun wat baie hou van eet. Op ’n dag eet hy, sonder dat hy weet, ’n towerneut. Hy voel sy neus kriewel en sy lyf kreun en kraak. Hy is besig om ’n reus te raak.

Sal jy daarvan hou om ’n reus te wees? Hoekom sê jy so?

Dis nogal moeilik om ’n reus te wees. Hy pas nie deur die deur nie. Toe hy teen die geut leun, breek dit middeldeur. Gelukkig laat die reuk van sy ma se kos sy neus weer kriewel en gou-gou is Bart weer ’n seun.

Dink jy dit was vir Bart lekker om ’n reus te wees? Hoekom sê jy so?
Sipho’s granny got him new clothes for Grade 2.
One year, the rains didn’t come.

"Stop being a bully!

Share the water!"
GLASSES

WEEK 5

[Diagram of glasses with scissors]
In a few days Sipho got his glasses. Sipho tried to read the numbers.
Our bodies need sunlight to make them strong.

Healthy food helps us grow.
They made a stew in a very big pot.
Today I would like to tell you about ...

- **When?**
- **Who?**
- **Where?**
- **What happened?**
- **I felt ... Because ...**