Term 1

English
Home Language and Life Skills
Big Book
Acknowledgements

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Sipho goes to school

Sipho’s granny got him new clothes for Grade 2.

She bought two shirts, one pair of pants, two pairs of socks and one pair of shoes.

She gave him one pen.
Sipho put on the clothes. They were very big.

“Good!” said granny. “They will fit you next year.”
Sipho went to school in his new clothes.

Sipho saw Sihle at school. Sihle’s clothes were too small.

Sipho said “You look funny!” Sihle said “You look funny too!”
A big boy called Jakob saw Sipho’s new pen.

“I want that pen,” said Jakob. He took the pen.
Sipho ran after the big boy. “Give back my pen!” he said, “Give it back! Give it back!”

Some big girls saw the big boy take the pen. “Jakob!” they said, “Give that pen back!”
Jakob gave the pen back. “Sorry” he said. Sipho was happy.

The big girls said “Oh look at this boy! So small in his big shirt! He’s so sweet!”
One year the rains didn’t come. The waterhole was nearly empty. The animals were thirsty.
“I am the biggest animal,” said the elephant. “I will have all the water!”

When the impala and the zebra came to drink, the elephant chased them away.
When the giraffe and the hyena came to drink, the elephant chased them away.

Even the lion and the leopard ran away from the big elephant.
“We must stop this elephant!” said the animals.
“He is a bully!” they said.

“I have a plan,” said the tortoise. “Come and listen to me.” Tortoise said, “We must work together.”
He said to the crows, “When I give the signal, make a loud noise. Fly around Elephant’s head.”

He said to the animals, “When elephant is busy, everyone must run to the waterhole. Tell the elephant to share the water.”
Tortoise gave the signal. The crows flew around the elephant’s head.

The animals ran to the waterhole. They shouted, “Share the water, Elephant!” Elephant went away and let the other animals drink.
Sipho’s new eyes

Sipho sat with his friends at the back of the class.

Sipho tried to read the numbers on the board.

“I can’t see all the numbers,” he thought.
“What is the number at the top?” asked Amos.
“It looks like a flying pig,” said Sipho.

“A flying pig!” shouted Amos. Everyone started to laugh.

“Come and sit at the front,” said the teacher. “Then you will be able to see better.”
Sipho was worried because he could not see. After school he told Gogo.

He said, “Today I could not see the numbers properly on the board.”
The doctor shone a bright light into Sipho’s eyes.

She put things in front of his eyes and asked him what he could see.

She said, “Oh! This boy really needs glasses!”

Gogo took Sipho to see a doctor who tests eyes.
In a few days Sipho got his glasses. He put them on.

“Gogo!” he shouted, “I can see the picture on the wall!”

He ran outside. “I can see the buses on the road and the cows on the hill!” he shouted.
Sipho went to school with his new glasses. Sipho said, “I can see clearly, teacher!”

“Beautiful Sipho! I’m very proud of you! No more flying pigs,” said the teacher.
What we need to live
What do we need to be healthy?

What do we need to live healthy lives?

We need to eat healthy food, drink fresh water, breathe clean air and exercise outside in the sunshine.
Healthy food helps us to grow.

It gives us energy and stops us from getting sick.

We must eat a balanced diet every day.
Proteins like meat, fish, chicken, beans, eggs and dairy products help our bones and muscles to grow strong.

Starch, like pap, rice and bread give us energy to run around.

Fruit and vegetables give us vitamins to keep us healthy.
We need to drink plenty of water every day.

Water keeps us cool. It helps the body to digest our food.

We should drink about 1 litre of water each day.
You must drink only clean water or you will get sick. Water from taps and tanks is safe.

Water from rivers or dams must be cleaned before you drink it.
We should spend time outside every day.

Our bodies need sunlight to make them strong.

We need to breathe fresh air.
The food we eat

Daily foods
Healthy foods make you strong.

Sometimes foods
Some foods are fun to eat but do not make us strong.
A party at school

It was a big day for Sipho and Amos’ school. The school was 100 years old.

The teachers said they would have a party. The aunties made a stew in a very big pot.
It was a very hot day.

The children put on a concert for their parents and grannies. Then there were speeches.

Everyone was sweating because it was so hot.
In the afternoon everyone went outside to eat. There was plenty of stew for everyone.

Then Ayanda said she had a sore tummy. Thami said he felt sick. Many people started feeling sick.
The principal called the emergency number. Two ambulances came to the school.

It was too hot to leave food in the sun. The food had made the people sick.
The children were sad. The teachers were sad. The aunties who cooked the stew were sad.

The party was ruined.
The next day there was a big surprise. Some shops gave food to the school for a party.

The big children at school made a braai. People ate the food straight away. It was the best party ever.