English
Home Language and Life Skills

Term 3
Term 3

English

Home Language and Life Skills

Learner’s Activity Book
Acknowledgements

This integrated programme for Home Language and Life Skills was developed by a Funda Wande team, in collaboration with individuals from the curriculum directorates of the Department of Education in the Western Cape, Eastern Cape and Limpopo, academics and teachers.

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</thead>
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Thabo joins the library

Thabo’s uncle gave him a new book.
Later, Thabo read the book again.

Thabo left the book outside. It got wet.
Vera showed her library book to the class.
Thabo joined the library. He promised to care for his book.
## Book care rules

<table>
<thead>
<tr>
<th>Don’t do this</th>
<th>Do this</th>
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</tr>
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<tbody>
<tr>
<td>![Image](43x112 to 553x729)</td>
<td>![Image](473x776 to 553x830)</td>
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<tr>
<td>![Image](43x112 to 553x729)</td>
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<td>![Image](43x112 to 553x729)</td>
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</tr>
<tr>
<td>![Image](43x112 to 553x729)</td>
<td>![Image](473x776 to 553x830)</td>
<td>Keep your book safe.</td>
</tr>
<tr>
<td>![Image](43x112 to 553x729)</td>
<td>![Image](473x776 to 553x830)</td>
<td>Use a bookmark.</td>
</tr>
<tr>
<td>![Image](43x112 to 553x729)</td>
<td>![Image](473x776 to 553x830)</td>
<td>Don’t write in books.</td>
</tr>
<tr>
<td></td>
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</tr>
<tr>
<td><strong>Tt</strong></td>
<td><strong>itotiti</strong></td>
<td><strong>itepu</strong></td>
</tr>
<tr>
<td><strong>to</strong></td>
<td><strong>te</strong></td>
<td><strong>tu</strong></td>
</tr>
<tr>
<td><strong>u-ta-ta</strong></td>
<td><strong>i-tu-ma-to</strong></td>
<td><strong>i-si-tu-lo</strong></td>
</tr>
<tr>
<td><strong>utata</strong></td>
<td><strong>itumoto</strong></td>
<td><strong>isitulo</strong></td>
</tr>
</tbody>
</table>

Utata ulyita isitovu.
Community helpers

What do these community helpers do?

1. soldier
2. firefighter
3. paramedic
4. food seller/vendor
5. taxi driver
6. hairdresser
7. refuse collector
8. dressmaker/tailor
9. farmer
What is paper made from nowadays?

Thousands of years ago, people wrote on clay tablets. Later they wrote on rolls of paper made from papyrus plants or dried animal skin.
Build the words.
Keep the playground clean

- Circle all the litter.
- Draw a line from the litter to the bin (rubbish) or bag (recycling).
Isikere sikaMariya sidukile.

Wednesday
Book care rule

Draw a picture to show what to do.

Write one rule. Start with **Do not** ...

Do not ____________________________________________

_________________________________________________

_________________________________________________
Build the words.

1. [Image of a ruler]

2. [Image of butter and knife]

3. [Image of a tomato]

4. [Image of a faucet]

---

Thursday
The pirate game

- Say the sound of the letter you land on.
- Say a word starting with that sound.
Fill in the missing letter.

iru_\_a

unopo__i

i__ele

ifo__o

se___a

iyе___a

u___isi

ule___e
Complete the sentence.

Le yi [tumato].

Esi si [__________].

Eli li [__________].

Le yi [__________].

Le yi [__________].
Choose the right word to finish the sentence.

Umama uphunga _____.
- [ ] itumato
- [✓] iti

Ndiyayithanda _____.
- [ ] irayisi
- [ ] ubusi

Inkwenkwe ivula _____.
- [ ] itepu
- [ ] ucango

Utata uthenge _____.
- [ ] itafile
- [ ] isitulo

Umalume usebenzisa ____.
- [ ] iharika
- [ ] irula

Usisi uqaba isonka ____.
- [ ] ijem
- [ ] irama

UMariya uchuba ____.
- [ ] itumato
- [ ] iitapile

UToto ubona ____.
- [ ] ihagu
- [ ] ikati
Choose the right word to finish the sentence.

<table>
<thead>
<tr>
<th>ULiyema udlala</th>
<th>ijezi.</th>
<th>ngonopopi.</th>
<th>ilekese.</th>
</tr>
</thead>
<tbody>
<tr>
<td>ULiyema udlala ngonopopi.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Umama uyalojika</th>
<th>ihagu.</th>
<th>iyeza.</th>
<th>isele.</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Ubona imithi yama</th>
<th>yeebhanana.</th>
<th>pere.</th>
<th>apile.</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Umalume ulungisa</th>
<th>isitovu.</th>
<th>isitulo.</th>
<th>itafile.</th>
</tr>
</thead>
</table>
Find and complete this DBE page.
Read and write the words.

phandle: ________________ incwadi: ________________

ubhalise: ________________ uthembise: ________________

ithala leencwadi: ____________________

Tt

Rr

itapile: ________________ iharika: ________________

itepu: ________________ irama: ________________

itafile: ________________ isikere: ________________

Where did Thabo leave his book?

Vera showed her library book to the class. Thabo joined the library. He promised to care for his book.

Who helped Thabo join the library?
People who help everyone

If you break a bone, who can help you?

The doctor and nurse can help you.
If you want to learn to read and write, who can help you?

A teacher can help you.
If you get lost, who can help you?

A policewoman can help you get home.
If there is a fire, who can help you?

A firefighter can help you.
Places in our village
ph

iphela

pheka

iphepha

phupha

pho    phe    phu    pha    phi

phu-ma

iphuphu

phu-za

Phumi uphuza uphaphama.

Monday
Places and helpers

Match the helpers to the places they work.

1

2

3

4

5

6
Paramedics help people who have been injured or become ill very suddenly. They use medicines and machines to try and keep people alive until they get to hospital.

What tool do paramedics use to rescue people from a bad car accident?
Build the words.

i p h e l a
i p h e p h a
i p h u p h u
u m th i
th u l a
th a th a
Getting help
Say who will help.

1
I am lost.
Who will help me?

2
I feel sick.
Who will help me?

3
There is a fire.
Who will put it out?

4
We need to buy a stamp.
Where shall we go?
Umthi

Thatha

Thula

Tha

Thi

Thu

Tho

The

The-tha

U-thu-thu

I-qa-tha

Thetha

Uthuthu

Iqaththa

UThulani uthetha noThumeka.
Thank you message
Write a thank you message to a community helper.

Dear ________________________________

Thank you for ________________________________

____________________________________________

____________________________________________

____________________________________________

From ________________________________
Build the words.

Build the words.

Build the words.

Build the words.
Dictation
Fill in the missing letter.

ithole

___eka

phu___a

iphe___a

phu___a

___atha

th___la

uth___ thu
Complete the sentence.

Eli li phela.

Lo ngu__________.

Lo uy__________.

Eli li__________.

Lo uy__________.

Eli li__________.

Lo uy__________.

Eli li__________.
Choose the right word to finish the sentence.

USipho uyathimla
vula _____.
☐ athume
☐ aphume

Ikati ilele _____.
☐ umzi
☐ emthini

Umama ufike
efama _____.
☐ wathimla
☐ wapheka

UThami ufuna
ukubulala _____.
☐ iphepha
☐ iphela

UThuli uthuma
umama _____.
☐ iphepha
☐ iphela

UPhila wophuke _____.
☐ iqatha
☐ iphupha

USipho ubona _____.
☐ iphuphu
☐ yawa

Utata ufuna
ukuthetha _____.
☐ sula
☐ thula
Choose the right word to finish the sentence.

<table>
<thead>
<tr>
<th>Umama ufuna</th>
<th>ukulala.</th>
<th>ukupheka.</th>
<th>ukubetha.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Usisi ubopha</td>
<td>iqatha.</td>
<td>idolo.</td>
<td>ithole.</td>
</tr>
<tr>
<td>Usisi uphethe</td>
<td>apheke.</td>
<td>uthuthu.</td>
<td>aphumle.</td>
</tr>
<tr>
<td>USipho uwa esofeni kanti</td>
<td>uyathatha.</td>
<td>uyophula.</td>
<td>uyaphupha.</td>
</tr>
</tbody>
</table>
Find and complete this DBE page.
Read and write the words.

ugqirha: _____________ utitshala: _____________
unesi: ________________ ipolisa: ________________
wonke umntu: ____________________

Ph

iphuphu: _____________ ithole: ________________
iphelsha: _____________ thula: ________________
phuma: ________________ thetha: ________________
If you break a bone, who can help you?
A doctor can help you.
If you want to learn to read and write, who can help you?

How does a teacher help you?

If you get lost, who can help you?
A policeman can help you to get home.
If you are feeling sick, who can help you?
A nurse can help you.

Who can help you when you are lost?
A hungry cat

One day I saw a cat in our yard. She looked hungry/thin and tired.

My brother said, “Let’s call Mom.”
“Please can we keep this cat, Mom?” I asked.

Mom said, “You can keep the cat if you look after it.”
I called the cat Princess. We made it a place to sleep. We gave it food and water every day.
One morning I got a surprise!

Mom said, “We will find them good homes when they are bigger.”
What pets need

**Exercise:**
Pets need to play and run around. They shouldn’t be tied up or left in the sun.

**Shelter:**
Pets need a safe, warm, dry place to sleep.

**Kindness:**
Pets can’t talk but they feel pain and loneliness. We need to be kind to our pets.

**Food:**
Pets need to be fed every day.

**Water:**
Pets need fresh water to drink every day.
sh

UShumikazi ushiye isheleni.
Pets need shelter/homes
Match the pet with its shelter/home.

1

2

3

4

5

6
Komodo dragons are the biggest and most dangerous lizards in the world. They are meat eaters. The babies roll in dung so that the adults won’t eat them by mistake!

Do Komodo dragons lay eggs?
Build the words.

ishetiti ubhutiti
ishiyayushotiti
ibholala
ibhotile
Why we have pets
How are these pets helping their owners?

1. An elderly person with a cat on their lap.
2. A cat walking with a mouse.
3. A dog barking.
4. A blind person with a guide dog.
5. A child playing with a dog.
Ubhongo ubhala ebhodini.
My favourite pet

Draw a picture of a pet you like.

Write a sentence about your pet.

__________________________

__________________________

__________________________

__________________________
Build the words.

1. [Image of a folded cloth]
   - [Blank spaces for words]

2. [Image of a yellow shirt]
   - [Blank spaces for words]

3. [Image of a plastic bottle]
   - [Blank spaces for words]

4. [Image of a crumpled piece of paper with butter]
   - [Blank spaces for words]
Find 10 words in the grid.

i  b  h  a  s  i  u  y  f
m  n  c  i  s  h  i  y  a
n  g  i  g  u  s  h  a  a
i  b  h  o  l  a  s  a  w
m  x  i  b  h  o  d  i  f
s  i  s  h  u  m  i  d  d
h  u  k  u  s  h  o  t  i
z  u  b  h  a  k  a  h  t
Fill in the missing letter.

ihashe

ishe___i

igu___a

u___aka

ici___ilishe

ibho___i

ibhas___
Complete the sentence.

Le yi [shet]i.

Le yi [ ]

La ngama [ ]

Le yi [ ]

Eli li [ ]

Lo ngu [ ]

Le yi [ ]

Eli yi [ ]
Choose the right word to finish the sentence.

Utitshala ubhala _____.
- [ ] ephepheni
- [x] ebhodini

Umfama ukhwele _____.
- [ ] ihashe
- [ ] igusha

Usisi usula _____.
- [ ] ibhasi
- [ ] ibhafu

USizwe uvala _____.
- [ ] ubhaka
- [ ] ibhasi

USazi uthenge _____.
- [ ] ushoti
- [ ] isheti

UNqaba ufumene _____.
- [ ] ibhola
- [ ] ibhaluni

Yena ugalela amafutha _____.
- [ ] eshitini
- [ ] ebhotileni

UMariya uchole _____.
- [ ] ibhaluni
- [ ] isheleli
Choose the right word to finish the sentence.

**UChuma uyayithanda**
- ibhanana.
- ipopo.
- ipesika.

**Utatomkhulu uzithengele**
- ijezi.
- izihlangu.
- ibhanti.

**UZizipho woneka**
- ushoti.
- ishiti.
- isheti.

**Umama ulindele**
- ibhasi.
- ihashe.
- imoto.
Find and complete this DBE page.
Read and write the words.

ikati: ____________________
ilambile: ____________________

ukutyana: ____________________
amanzi: ____________________

ukuyikhathalela: ____________________


bh

sh

ibhotile: ____________________
ishiya: ____________________

ibhotololo: ____________________
ishihi: ____________________

ibhola: ____________________
isheti: ____________________
One day I saw a cat in our yard. She looked hungry and tired. My brother said, “Let’s call Mom.”

“Please can we keep this cat, Mom?” I asked. Mom said, “You can keep the cat if you look after it.”

Why did they give the cat milk?

I called the cat Princess. We made it a place to sleep. We gave it food and water every day. One morning I got a surprise! “Look Mom, kittens!” I said. Mom said, “We will find them good homes when they are bigger.”

What was the surprise?
Cheeky the piglet

“You must have good manners. You must greet people,” said Mother Pig.

But Cheeky said, “No! I don’t want to!”
Cheeky met Donkey, Frog and Tortoise.

Good morning Cheeky!

Silly animals.
The farm dog saw Cheeky. He chased Cheeky.
Cheeky shouted, “Please help me!” But the animals said, “Sorry, we are too silly.”
Good manners checklist

Today, did we ...

☐ greet adults?
☐ greet children?
☐ line up quietly?
☐ listen in class?
☐ wait our turn to speak?
☐ respect other’s belongings?
☐ say sorry?
☐ say thank you?
☐ share?
☐ sneeze and cough correctly?
☐ make sure we were kind to each other?
<table>
<thead>
<tr>
<th>hla</th>
<th>hlo</th>
<th>hle</th>
<th>hlu</th>
<th>hli</th>
</tr>
</thead>
<tbody>
<tr>
<td>ihla hla</td>
<td>isi hlu zo</td>
<td>amehlo</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>hle-ka</th>
<th>lu-hla-za</th>
<th>hla-ba</th>
</tr>
</thead>
<tbody>
<tr>
<td>hleka</td>
<td>luhlaza</td>
<td>hlabana</td>
</tr>
</tbody>
</table>

Umelno uhel eli ecaleni kwehla hla.
My good manners checklist
Tick the blocks.

This week I have:

☐ greeted people
☐ helped older people
☐ said thank you
☐ helped Mom
☐ played nicely
☐ tidied my room
☐ said sorry when I hurt someone
☐ been friendly and kind
Good morning South Africa!

- Good morning
- Lotjhani
- Matsheloni avhudi
- Molweni
- Dumela
- Thobela
- Sawubona
- Avuxeni
- Goeie more

- In which languages are each of these greetings?
- How do you say “Hello” in South African sign language?
Build the words.
Good and bad manners
Talk about good and bad manners.

Good morning Ma’am.

Thanks for listening so well to me.

Hi, Maisy, I found your bag lying outside. I hope nobody has taken your crayons.

Have you forgotten your food? Take some of mine.

Sorry, Mom, I was looking at your old vase and I dropped it. Now it’s broken.
### Isidléle

**Abadlali**
- dlo

**Isidlo**
- dle

**Isibhedele**
- dlu
- dla
- dli

**Dla-la**
- dlala

**I-dla-ka-dla-ka**
- idlakadlaka

**I-dle-lo**
- idlelo

**Udidlamini udlala nosana.**
Greeting people

Draw a picture of a person you like.

Write how you greet the person.

______________________________

______________________________

______________________________
Build the words.

1. 

2. 

3. 

4. 

Thursday
Fill in the missing letter.

luhla\_a

ame\_o

ihlo\_i

\_eka

isi\_ele

a\_adlali

isidl\_

dl\_la
Complete the sentence.

Esi si sidlele.

Aba baya__________.

Le i__________.

Esi si________________.

La nga__________.

Esi si________________.

Esi si__________.

Esi si__________.

Aba baya__________.
Choose the right word to finish the sentence.

Utata ucoca ______.
- idolala
- isibhedlele

UHlubikazi woyika ____.
- isihlunu
- ihlosi

Umama wonwabele ______.
- isidlo
- ukuhlaba

Usana luvula ______.
- amehlo
- ihlazo

UHlomla usecaleni ____.
- isihluzo
- kwehlalahla

Ubhuti uthetha ____.
- nabadlali
- nedlavu

USiphokazi ufuna ______.
- isidlele
- isihluzo

Umalume uyokubona ______.
- uHlumi
- idlelo
Choose the right word to finish the sentence.

Umama upheka [isidlo. isidlele. isihlobo.]

Umama upheka isidlo.

Kumnandi [ukuhlaba. ukudlala. ukulahla.]

UBhele uye ehlathini wadibana [nesihluzo. namehlo. nehlosi.]

Abantwana baphethe ibhola [ehluthi. eluhlaza. edlala.]
Find and complete this DBE page.

Mini emwindi

Mi ni emwindi kuwe. Mi ni emwindi kuwe. Mi ni emwindi kuwe.

{chart with columns and rows

Find and complete this DBE page.

{chart with columns and rows

ikhala nde gendle yekwenzela

82
Read and write the words.

bulisa: ____________
isimilo: ______________
uxolo: ____________
ndicela: ______________
molo: ____________

ihlosi: ____________
isidlo: ______________
ihlahla: ____________
abadlali: ______________
isihluzo: ____________
isibhedlele: ______________
You must have good manners. You must greet people, said Mother Pig. But Cheeky said, “No! I don’t want to!”

Cheeky met Donkey, Frog and Tortoise. “Hello Cheeky”, they said. But Cheeky said, “Silly animals”.

What did Cheeky say that was not good manners?

The farm dog saw Cheeky. He chased Cheeky. Cheeky shouted, “Please help me!” But the animals said, “Sorry, we are too silly.”

Who chased Cheeky?
My bean plant

My name is Neo. I grew a bean plant.

First, I covered my bean seed with wet newspaper. Then I put it in the sun.
First a small root grew down. Then a stem with leaves grew up. I planted it in a pot of soil.
I put the pot in the sun and watered the plant every day. My bean plant grew more leaves.
When the plant had enough leaves, I planted it in the school garden.

Soon we will have delicious beans to eat.
How a bean plant grows

1. The bean seed gets warmth and water.
2. A small root appears.
3. The root grows longer under the ground.
4. The root develops smaller roots under the ground.
5. The stem grows above the ground.
6. Two leaves begin to grow.
7. The leaves grow bigger.
ch

ichibi

chitha

chubu

ichokoza

<table>
<thead>
<tr>
<th>cho</th>
<th>che</th>
<th>chu</th>
<th>cha</th>
<th>chi</th>
</tr>
</thead>
<tbody>
<tr>
<td>cho-la</td>
<td>cho-pha</td>
<td>i-si-cho-tho</td>
<td></td>
<td></td>
</tr>
<tr>
<td>chola</td>
<td>chopha</td>
<td>isichotho</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

UChuma uchola imali.
Parts of a plant

Draw a line from the word to the part.

flower
fruit
leaf
stem

What parts do we eat?

[Images of various vegetables]
Stinky flowers

Not all flowers smell sweet! Some flowers stink like rotten meat. The smell attracts flies. They carry pollen from plant to plant so the flowers can make seeds.

What other insects carry pollen from plant to plant?
Build the words.

ich ib i  
ich u b a  
ich a f u  
kh a b a
How a plant grows

Fill in numbers and words to show how a plant grows.

- seed
- root
- stem
- leaves
- flower

1. ____________
2. ____________
3. ____________
4. ____________
5. ____________

Wednesday
**kh**

<table>
<thead>
<tr>
<th>ikhubsua</th>
<th>isikhova</th>
<th>ukhuko</th>
</tr>
</thead>
<tbody>
<tr>
<td>khi</td>
<td>khu</td>
<td>khe</td>
</tr>
</tbody>
</table>

**Ukholwe ukha ikhala.**

Wednesay
How a bean grows

- Write these sentences in the correct order.
- Fill in capital letters and full stops.

then the stem grows
first the root grows
after that the leaves grow
Build the words.

1. 

2. 

3. 

4. 

5. 

6. 

7. 

8. 

9. 

10. 

Thursday
The caterpillar game

- Sebenzisa idayisi.
- Funda igama owele kulo.
- Yakha isivakalisi esineli gama.
Fill in the missing letter.

ichokoza

ukhu__o

i__uba

ibaba

isi___afu

ch___la

isikhoh___a

i____ibi

isich____tho
Complete the sentence.

Eli li ichibi.

Esi si______________.

Eli li______________.

Eli li______________.

Esi si______________.

Eli li______________.

Eli li______________.

Olu lu______________.

Esi si______________.
Choose the right word to finish the sentence.

ULunga _____ amanzi.
☐ usela
☐ uchitha

UAndile _____ ibhola.
☐ uphosa
☐ ukhaha

Utata uphethe ______.
☐ ikhubha
☐ ikiriva

USinazo ______ ijezi.
☐ ukhulula
☐ uphethe

Usisi unxibe ______.
☐ isikhafu
☐ ilokhwe

____ siyakhala ebusuku.
☐ isele
☐ isikhova

Liyabanda ______.
☐ iliza
☐ ikhephu

Umama uhleli phezu ____.
☐ kwesitulo
☐ kokhuko
Choose the right word to finish the sentence.

Ndiyasoyika ________ isichotho. isitulo. isikhova.

Ndiyasoyika isichotho.

Umama ubone ________ inja. isikhova. inkomo.

Usisi uhlamba isikipa. isikhafu. isheti.

Iyadi izele yinkunkuma. ngamanzi. likhephu.
Find and complete this DBE page.

Find and complete this DBE page.
Read and write the words.

amagqabi: ___________ isityalo: ___________

sikhula: ___________ imbewu: ___________

enomhlababa: ______________________________________

isichotho: ___________ isikhova: ___________

ichibi: ___________ ikhephu: ___________

chuba: ___________ isikhafu: ___________
My name is Neo. I grew a bean plant.

First, I covered my bean seeds with wet newspaper. When the seeds began to grow, I planted them in soil.

What did Neo do when the seeds began to grow?

I put the pot in the sun and watered the plants every day. When the plants had enough leaves, I planted them in the school garden.

Where did Neo put the plant pot?
Jack and the beanstalk

Jack and his mother were very poor. Jack sold his cow for some magic beans.
The beans grew into a big beanstalk.

Jack climbed to the top. He saw a giant sleeping.
But the giant woke up.

Jack saw a hen who laid golden eggs. He took the hen.
The giant chased Jack. Luckily Jack’s mother cut the beanstalk.

Fee fi fo fum!

Jack and his mother were never poor again.
Types of plants

There are many different types of plants. We can group them like this:

**Trees** are plants with one strong trunk and many branches.

**Shrubs** are not as big as trees. They have several, woody stems.

**Herbs** are smaller than shrubs. They have softer stems.

**Creepers and climbers** are plants that need support or they crawl along the ground.

**Grasses** have jointed, hollow stems and long narrow leaves.

These plants look different but they all have roots, stems, leaves and some have flowers.
# Plants at school

Make a tick (✓) for every plant you see. Put the tick in the correct group.

<table>
<thead>
<tr>
<th>Tree</th>
<th>✓</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shrub</td>
<td></td>
</tr>
<tr>
<td>Herb</td>
<td></td>
</tr>
<tr>
<td>Grass</td>
<td></td>
</tr>
<tr>
<td>Creeper or climber</td>
<td></td>
</tr>
</tbody>
</table>

*Monday*
UQhama uqhaqha iqhina.
Draw a line to the things that a dog should have.

- bicycle
- warmth
- love
- food
- ice-cream
- hat
- protection
- water
- cat
- exercise
Baobab trees can store up to 120,000 litres of water in their trunks. Their flowers open for one night only and are pollinated by bats. All the parts of a baobab can be used.
Build the words.
Colour in the healthy foods.
Write **yes** or **no**.

<table>
<thead>
<tr>
<th>Type of plant</th>
<th>Does it give us food?</th>
<th>Does it have one thick trunk?</th>
<th>Does it have leaves?</th>
</tr>
</thead>
<tbody>
<tr>
<td>tree</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>grass</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>creeper</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>shrub</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>herb</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>rha</td>
<td>rhu</td>
<td>rho</td>
<td>rhe</td>
</tr>
<tr>
<td>-----</td>
<td>-----</td>
<td>-----</td>
<td>-----</td>
</tr>
<tr>
<td>rhona</td>
<td>ugqirha</td>
<td>irhamba</td>
<td></td>
</tr>
<tr>
<td>irhali</td>
<td>rhuqa</td>
<td>irhewu</td>
<td></td>
</tr>
</tbody>
</table>

Irhamba lirhubuluza emhlabeni.
Draw yourself eating your favourite food.
Jack and the bean stalk

Draw what Jack saw at the top of the beanstalk.

Write about your picture.

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
Build the words.

Build the words.

Build the words.

Build the words.

Thursday
Fill in the missing letter.

rhona_

i__iya

u__irha

i___li

amaqha___u

i___ina

umqhe___a

iqha___a
Complete the sentence.

Lo uyarhona.

La ngama__________.

Le yi__________.

Eli li____________.

Lo ngu__________.

Eli li____________.

Eli li____________.

Eli li____________.
Choose the right word to finish the sentence.

**USipho uthanda _____.**
- amaqhina
- **amaqhashu**

**Usana loyika _____.**
- irhali
- irhanisi

**Usisi ukhangela _____.**
- irhorho
- iqhiya

**Utata uthetha no_____.**
- iqhaga
- gqirha

**Umama uthunga nge_____.**
- rhamba
- rhali

**Utata itshixa nge_____.**
- qhaga
- qhiya

**Inkwenkwe ikhulula _____.**
- amaqhosha
- amaqhaga

**Umama uthenga _____.**
- umqheba
- iqhina
Choose the right word to finish the sentence.

<table>
<thead>
<tr>
<th>Umama ufuna</th>
<th>irhuluwa.</th>
<th><strong>irhali.</strong></th>
<th>isarha.</th>
</tr>
</thead>
</table>

Umama ufuna irhali.

<table>
<thead>
<tr>
<th>ULizo wophule</th>
<th>iqhina.</th>
<th>umqheba.</th>
<th>iqhashu.</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>USipho uphuma</th>
<th>iqhosha.</th>
<th>iqhina.</th>
<th>iqhakuva.</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Utata uya</th>
<th>qhosha.</th>
<th>rhona.</th>
<th>rhuqa.</th>
</tr>
</thead>
</table>
Find and complete this DBE page.
Read and write the words.

iimbotyi: __________ isikhukukazi: __________
wakhwela: __________ isigebenga: __________

umthi weembotyi: ________________________

iqhosha: __________ irhali: __________
iqhaga: __________ irhanisi: __________
amaqhashu: __________ rhuqa: __________
Jack and his mother were very poor. Jack sold his cow for some magic beans.
The beans grew into a big beanstalk. Jack climbed to the top.

Who did Jack live with?

Jack saw a giant sleeping. He took the hen who laid golden eggs.
But the giant woke up!
The giant chased Jack. Luckily Jack’s mother cut the beanstalk.

What did the hen lay?
Nice and nasty soup

Mom says, “Look at these vegetables! I am going to make soup today.”

“We will also make soup,” say Vusi, Fanele and Baby.
Vusi finds nasty things to put in his soup.

He makes nasty soup for monsters.
“We love your soup!” shout the monsters.

“Bubble, bubble, boil and trouble!” they yell.
“This soup makes us mean and nasty!”
Fanele finds petals, flowers, berries and leaves.

Fanele makes nice soup for fairies.
“We love your soup!” whisper the fairies.

“Thank you, Fenele,” say the fairies. “Here is a tiny fairy ring for you.”
Baby finds a plastic bowl, a rusk, a doll’s shoe and the dog food.

Baby makes silly soup for her dolls.
“I love your soup, Baby!” says Mom.

“But I think it needs a little salt.”
Meanwhile Mom put carrots, onions, tomatoes, beans and potatoes into her soup.

“We love your soup, Mom!” say the children.
Read the sentences.

1. Thabo read his library book.

2. If you get lost, a policeman can help you.

3. We gave the cat food and water every day.

4. Cheeky shouted, “Please help me!”

5. When the seed began to grow, I planted it in soil.

6. Jack took the hen who laid golden eggs.

7. “We love your soup, Mom!” say the children.
Where food comes from

<table>
<thead>
<tr>
<th>Some food comes from plants.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fruit</td>
</tr>
<tr>
<td><img src="image1" alt="Fruit Images" /></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Some food comes from animals.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meat</td>
</tr>
<tr>
<td><img src="image4" alt="Meat Images" /></td>
</tr>
</tbody>
</table>
ng

ucango

ingalo

ingubo

ilanga

<table>
<thead>
<tr>
<th>ngu</th>
<th>ngi</th>
<th>ngo</th>
<th>nga</th>
<th>nge</th>
</tr>
</thead>
<tbody>
<tr>
<td>phu-nga</td>
<td>thu-nga</td>
<td>se-nga</td>
<td></td>
<td></td>
</tr>
<tr>
<td>phunga</td>
<td>thunga</td>
<td>senga</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

ULanga wophuke ingalo.
Where food comes from

Draw a line from the plate to where the food comes from.
Some food can be stored easily and eaten throughout the year. We call this a staple food. In South Africa, mielies are a staple food but in other parts of Africa, cassava or yams are the staple food.

What staple food is eaten in Asia?
Build the words.

(No specific words are provided in the image)
## Food I like

Say what food you like. Fill in the table.

<table>
<thead>
<tr>
<th>I love/like this</th>
<th>I eat this</th>
<th>I don’t like this</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1" alt="Chicken" /></td>
<td><img src="image2" alt="Flour" /></td>
<td><img src="image3" alt="Beans" /></td>
</tr>
<tr>
<td><img src="image4" alt="Banana" /></td>
<td><img src="image5" alt="Cabbage" /></td>
<td><img src="image6" alt="Spinach" /></td>
</tr>
<tr>
<td><img src="image8" alt="Avocado" /></td>
<td><img src="image9" alt="Orange" /></td>
<td><img src="image10" alt="Egg" /></td>
</tr>
</tbody>
</table>
nc

inciniba

incopho
ncanca
nauma

nco
nce
ncu
nca
nci

i-nca-nda
i-nca-m
i-ncu-la

incanda
incam
incula

UNondo uncancisa usana.

Wednesday
A food list

Write a list of your favourite food.

1. 
2. 
3. 
4. 
5. 
Build the words.
Copy the sentence.

**UPhaki ushukumisa**

**isihlahla somthi.**
The snail game

- Ukuba uwele egameni, lifunde.
- Ukuba uwele emfanekisweni, gqithela egameni elibhaliweyo.
Fill in the missing letter.

1. ingalo
2. i____ubo
3. uca____o
4. il____nga
5. incin____ba
6. inc____pho
7. ncu____a
8. nca____a
Complete the sentence.

Olu lucango.

Le yi______________.

Le yi______________.

Lo uya______________.

Lo uya______________.

Eli li______________.

Le yi______________.
Choose the right word to finish the sentence.

ULunga wophuke_____.
- [ ] ingubo
- [x] ingalo

Uhleli kwi_____
yentaba.
- [ ] ncede
- [ ] ncopho

Ziyahlaba iintsiba
ze______.
- [ ] ncum
- [ ] ncanda

UThami uvala u______.
- [ ] incede
- [ ] cango

Uhambele kwifama
yee ______.
- [ ] nciniba
- [ ] inceba

Umama wombethe
_______ enkulu.
- [ ] ingubo
- [ ] udonga

Usana lu_______ ibele.
- [ ] ncanca
- [ ] ncuma

Utata udilize ______
Iwendlu.
- [ ] udonga
- [ ] ilanga
Choose the right word to finish the sentence.

Lishushu kamnandi  incede.  ilanga.  ucango.  

Lishushu kamnandi ilanga.

Ikati inyuka  udonga.  ingalo.  ilanga.

Usisi wophule  ilanga.  ucango.  udonga.

USana luyakuthanda  udonga.  uncuma.  ukuncanca.
Find and complete this DBE page.
Read and write the words.

isuphu: ________________  emnandi: ________________

embi: ________________  imifuno: ________________

yomdlalo: ________________

ng  nc

ilanga: ________________  ncanca: ________________

ucango: ________________  inciniba: ________________

ilanga: ________________  inceba: ________________
Mom says, “I am going to make soup today. “We will also make soup,” say Vusi, Fanele and Baby.

Vusi finds nasty things to put in his soup.
Fanele makes nice soup for fairies.

Who made nasty soup?
What did Fanele make?

Baby makes silly soup for her dolls.
“I love your soup, Baby!” says Mom.
Meanwhile Mom put carrots, onions, tomatoes, beans, and potatoes into her soup.
“We love your soup, Mom!” say the children.

Whose soup does Mom like?
Whose soup do the children like?
Choose the correct answer.

1. Where does this story take place?
   - [ ] Supermarket
   - [ ] House
   - [ ] Park

2. Why were Anna and her mother buying vegetables? To make:
   - [ ] Soup
   - [ ] Sandwich
   - [ ] Salad

3. Where did Anna find the watch? In a box of:
   - [ ] Carrots
   - [ ] Greens
   - [ ] Peas

4. Why was Vera crying? She lost her:
   - [ ] Watch
   - [ ] Dog

5. What did the story teach you? (own words)
Xh{h}ego lixhela igusha.
Why we need plants

Follow the line. Find out what the plant gives us.
What else do plants need to make their food?

Plants turn sunlight into the food they need to grow. This process lets off oxygen. People, animals and plants use this oxygen to stay alive.
Build the words.

xh e l a
i f l o r i
i x h e g o
x h a s a
i f l e g i
x h o l a
Put the drawings in the correct order. Write the numbers from 1–5.
Write the correct label.

seed   root   stem   leaves   flower

1. ________ 2. ________ 3. ________
4. ________ 5. ________
My favourite food

Complete the sentence.

My favourite food is __________________________

__________________________________________

__________________________________________

Write about why you like it.

__________________________________________

__________________________________________

__________________________________________

__________________________________________
Wednesday

a b c

fl

iflegi

ifleyiti

ifaski

iflori

fle
flu
fla
fli
flo

i-fla-wa
i-fle-thi
i-kho-li-fla-wa

iflawa
iflethi
ikholiflawa

Uflafi ufuna ifleyiti kaFluzi.
Fill in the missing letter.

luḥąza

a___adlali

isikho___a

i___ibi

u___irha

i___ina
Healthy snacks

When we are hungry or thirsty, we can choose healthy snacks rather than unhealthy snacks. Eating healthy food helps us to keep our bodies strong. Some snacks, like ice cream, sweets or fizzy drinks are not healthy, especially if we eat them instead of healthy food. These Grade 1 learners marked the healthy snacks they like best.

<table>
<thead>
<tr>
<th></th>
<th>Sipho</th>
<th>John</th>
<th>Mavis</th>
<th>Thoko</th>
<th>Ron</th>
<th>Neo</th>
</tr>
</thead>
<tbody>
<tr>
<td>Banana</td>
<td>✔</td>
<td></td>
<td>✔</td>
<td>✔</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Peanut butter on toast</td>
<td>✔</td>
<td>✔</td>
<td></td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>Carrot</td>
<td></td>
<td>✔</td>
<td></td>
<td>✔</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Milk</td>
<td></td>
<td></td>
<td>✔</td>
<td>✔</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Water</td>
<td></td>
<td>✔</td>
<td></td>
<td></td>
<td>✔</td>
<td></td>
</tr>
<tr>
<td>Corn</td>
<td></td>
<td></td>
<td>✔</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Popcorn</td>
<td>✔</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Orange juice</td>
<td></td>
<td>✔</td>
<td></td>
<td></td>
<td></td>
<td>✔</td>
</tr>
</tbody>
</table>
Read page 166. Answer these questions.

1. Which snack is most popular?

2. Which snacks does Mavis like?

3. Which snack does no-one like?

4. Write one unhealthy snack.

5. Why are healthy snacks important?

6. Which snack do you like best?
Dictation
Fill in the missing letter.

Xhoma__

U____ongo

I____egi

Ifla____a

Xh____la

I____ego

Xhum____

I____eyiti
Complete the sentence.

Le yi **flegi**.

Le yi **__________**.

Lo uya **__________**.

Ezi zi **__________**.

Le yi **__________**.

Lo uya **__________**.

Eli li **__________**.

Lo ngu **__________**.
Choose the right word to finish the sentence.

Ndibone umakhi esakha _____.
- etheni
- iflethi  

USipho uphethe _____.
- izitya
- izixhobo

UNomsa uphethe _____.
- ibhotile
- iflaski

USiziwe _____.
- uyahamba
- uyaxhuma

Inja yam inoboya obu_____.
- flafi
- khulu

UNqaba uxhoma _____.
- iflegi
- impahla

Yena ucoca _____.
- indlu
- iflori

Umama uxova esebenzisa _____.
- iflawa
- irayisi
Choose the right word to finish the sentence.

Ndibone umlungu. Indiya. umXhosa.

Ndibone umXhosa

Utata wakha  itha.  imoto.  iflethi.

UAmanda ubetha  ushoti.  ifleyiti.  isheti.

Umakazi nomama bafuna  ukuxhoma.  ukulala.  ukubaleka.
Find and complete this DBE page.
Read and write the words.

bila: _______________  isuphu: _______________

yakhe: _______________  imifuno: _______________

umama: _______________

ixhogo: _______________  iflegi: _______________

xhuma: _______________  ifleyiti: _______________

xhela: _______________  iflori: _______________

Wenza ntoni uFanele?


Abantwana bathanda isuphu kabani?
How to make fruit salad

What you need:
- fruit
- orange juice

We each bring one fruit.
What you use:
- big bowl
- chopping board
- big spoon
- knife
- small cups or bowls and teaspoons

We each bring a small bowl and a teaspoon.
What you do

1. We wash our hands and then we wash the fruit.

2. We peel the orange, bananas and naartjies.

3. Our teacher chops the fruit.

4. She mixes all the fruit together. I pour in the orange juice.
Our fruit salad is ready to eat.

It is delicious!
Five food groups

Read about the five food groups. Look at the school lunch menu and check if the children are getting something from each group.

**Weekly menu: Jabulani school**

**Monday:** pilchards in tomato sauce, mealie meal

**Tuesday:** samp and beans, spinach

**Wednesday:** mielie meal and milk, bananas

**Thursday:** stew and rice

**Friday:** vegetable soup, bread
hl

amehlo

hleka
luhlaza
hlaba

hlo  hle  hlu  hla  hli

i-si-hlu-zo  i-hla-hla  i-hlo-si

isihluzo  ihlahla  ihlosi

Unesi uhlababa usana kwisihlunu sengalo.
Which food is healthy?
Tick the correct box.

Complete the sentences.

1. Fruit and vegetables are ___________ food.
2. Fizzy drinks and sweets are ___________ food.
Berries are small, soft fruit with lots of tiny pips. Gooseberries grow on bushes and mulberries grow on trees. They are very healthy foods. They can be sweet or sour.

What are the names of all the berries in the picture?
Build the words.

- Build the words shown in the picture.
- Use the letters provided to form words.

Example words:
- umbrella
- bush
- shot
- hut
Storing food

Answer the questions.

1. Name some foods that can be dried.
2. Name some foods that should be kept cold.
3. Name some foods which can be frozen.
4. Name some foods which should be kept airtight (in a closed bag).
5. Name some food which can be canned.
6. Where would you store these foods:
   - mielie meal?
   - eggs?
   - bananas?
   - yoghurt?
sh

ushoti

ihashe
ishushu
isheti

sha
shu
sho
she
shi

i-shu-mi
i-gu-sha
i-shi-ya

ishumi
igusha
ishiya

Ihashe lika Shumikazi liyashiywa.
How to make fruit salad

Draw a picture of one activity you need to do when making fruit salad.

Write a sentence about your picture.

________________________________________________________________________

________________________________________________________________________
Build the words.

Build the word "sheep."  

Build the word "button."  

Build the word "ten."  

Build the word "shorts."  

Thursday
I spy
Fill in the missing letter.

- iniba
- ihla___a
- ___aba
- ___ola
- i___ela
- i___ibi
- i___iya
- i___alo
Complete the sentence.

Lo uyanncuma.

La ngama__________.

Le yi__________.

Eli li__________.

Eli li__________.
Choose the right word to finish the sentence.

Usisi uya_____.
- qhuba
- pheka

Usana loyika ______.
- irhali
- irhanisi

UNono uvule ______.
- isidlele
- amehlo

Utata uvula ______.
- iqhaga
- udonga

Umakazi uyakuthanda uku_____.
- thenga
- thunga

UTHina ukhaba ______.
- ibhola
- iqhiya

Utata uqholobosha ______.
- amaqhoshosha
- amaqhaga

UKholiwe ubhijele ______.
- incede
- isikhafu
Choose the right word to finish the sentence.

<table>
<thead>
<tr>
<th>Ubhuti ucheba</th>
<th>irhanisi.</th>
<th>igusha.</th>
<th>iqhina.</th>
</tr>
</thead>
</table>

Ubhuti ucheba igusha.

<table>
<thead>
<tr>
<th>Usisi uhlamba</th>
<th>isihluzo.</th>
<th>ihlahla.</th>
<th>iphepha.</th>
</tr>
</thead>
</table>

Usisi uhlamba isihluzo.

<table>
<thead>
<tr>
<th>USipho uphuma</th>
<th>ingubo.</th>
<th>iqhina.</th>
<th>iqhakuva.</th>
</tr>
</thead>
</table>

USipho uphuma ingubo.

<table>
<thead>
<tr>
<th>Liyaphuphumala</th>
<th>iqhaga.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>ichibi.</td>
</tr>
<tr>
<td></td>
<td>irhanisi.</td>
</tr>
</tbody>
</table>
Find and complete this DBE page.
Read and write the words.

yenza: __________________ isitya: __________________
isaladi: __________________ xuba: __________________
iziqhamo: __________________

luhlaza: __________________ iqhosha: __________________
hlaba: __________________ ishumi: __________________
hleka: __________________ isheti: __________________
Intaka, intuku, isigcawu, imbovane nentothoviyane zazihlala emazantsi entaba. Ehlotyeni imbovane yayisebenza, iqokelela umbona iwubeleleka esidulini sayo. Intothoviyane yona yayiziyolisa, idanisa icula yonke imihla.

• Sesiphi esisinambuzane sasisebenza?
• Kuthetha ukuthini ukuziyolisa?

UVera ubonisa abafundi incwadi ayithathe kwithala leencwadi. UThabo ubhalise kwithala leencwadi. Uthembise ukuyikhathalela incwadi yakhe.

• Ngubani owayenomdla kuyo yonke lento kambovane?
• Yayiwuqokelelela ntoni umbona imbovane?
<table>
<thead>
<tr>
<th>a</th>
<th>t</th>
<th>u</th>
</tr>
</thead>
<tbody>
<tr>
<td>p</td>
<td>l</td>
<td>e</td>
</tr>
<tr>
<td>i</td>
<td>a</td>
<td>r</td>
</tr>
<tr>
<td>m</td>
<td>i</td>
<td></td>
</tr>
</tbody>
</table>
Week 1 cut out page
<table>
<thead>
<tr>
<th>Slither like a snake</th>
<th>Hop like a bunny</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image" alt="Snake" /></td>
<td><img src="image" alt="Rabbit" /></td>
</tr>
<tr>
<td>Scurry like a mouse</td>
<td>Fly and squawk like a parrot</td>
</tr>
<tr>
<td><img src="image" alt="Mouse" /></td>
<td><img src="image" alt="Parrot" /></td>
</tr>
<tr>
<td>Peck like a chicken</td>
<td>Meow and lick like a kitten</td>
</tr>
<tr>
<td><img src="image" alt="Chicken" /></td>
<td><img src="image" alt="Cat" /></td>
</tr>
<tr>
<td>Bark and run like a dog</td>
<td>Gallop like a horse</td>
</tr>
<tr>
<td><img src="image" alt="Dog" /></td>
<td><img src="image" alt="Horse" /></td>
</tr>
</tbody>
</table>

Week 3 cut out page
My pledge card
<table>
<thead>
<tr>
<th>ch</th>
<th>i</th>
<th>kh</th>
</tr>
</thead>
<tbody>
<tr>
<td>a</td>
<td>e</td>
<td>i</td>
</tr>
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<td>u</td>
<td>b</td>
<td>a</td>
</tr>
<tr>
<td>s</td>
<td>f</td>
<td>i</td>
</tr>
</tbody>
</table>
qh
i
rh

a
s
a

i
g
m

i
n
o
Week 7 cut out: page 143
xh i fl
a s a
l o r
i e g
hl   i   sh
a   i   m
b   t   e
u   a   o
Today I would like to tell you about …

When?

Who?

Where?

What happened?

I felt … Because …